HELP PREVENT INFECTION

Stay at least **1.5 m AWAY** from others!

Wash **HANDS** regularly and thoroughly with **SOAP AND WATER** for 20 seconds.

Cough and sneeze into your **ELBOW** or a **TISSUE**, not into your hand.

Observe specific **RULES ON ENTERING** buildings!

If necessary, use a face mask to **COVER YOUR MOUTH AND NOSE**.

Use **DISPOSABLE GLOVES** where required.

Keep your **HANDS AWAY** from your **FACE**!

Avoid touching your mouth, eyes and nose with your hands.

Use the **PREVENTIVE OCCUPATION HEALTH** services, seeking advice on risks from our staff medical officers (corona@mia-doc.de).

If you use a room, **AIR it REGULARLY**!